

# BACLHC Newsletter

January 2012

## HAPPY NEW YEAR

2012 is upon us and the long Christmas break is over, so lets get ourselves ready, willing and able to take on the second half of the season.....**BRING IT ON!!**

During the break we had a few social occasions, the 1st being the Quiz Night at The Robin Hood pub, huge thanks to the quiz master Andrew for an awesome night. Enough people for 3 teams turned up and the winners on the night were Team **Il Diva's** (Maz Wilson, Rachel Lawrence, Tinny and Sally Curnow).

Then there was our Christmas night out with the legends The Wurzles, oh what a night we had, fun was had by all (ish), lots of cider drunk up, lots of singing and dancing!! As a treat they used this night to introduce a new member to the band!



**The New Wurzel**

Dressing up was on the cards for a few of us, costumes were so good its hard to tell where BAC end and the Wurzels start!!!



**All the Wurzels**

Big Thank-you to Lor for sorting it all out for us.

## ADIOS AMIGO

As you may or may not be aware Rachel Lawrence is off to embark on a new adventure in Chili (South America)!! Sadly for us she will be leaving at the end of February, for a few years!! Rachel has been a member of BAC since 2009 and for her sins, has been the 2nd team captain for this season, she has done a grand job of it!! One of her greatest moments at BAC was her goal last season against Somerset Griffins. Ask her about it!!!



**Not just a hot meal!**

If you are worried about missing her then worry not...there are plans for a BAC tour to Chili once she has found herself a club, so watch this space!!

To say goodbye to Rachel there is a 'do' being arranged, a date has been pencilled in for Saturday 28th January. At the time this news letter went to press, details of the leaving do are yet to be finalised, more information will be sent around shortly.

## CHANGES TO COMMITTEE

As Rachel is leaving a new 2nd Team captain is needed, Sophie Newton has stepped up for this honour! Please can you help and support Sophie as much as you can please. This includes replying to availability texts on time!! Well done Sophie!!



**El Capitano**

## TRAINING

Numbers at training have started to dwindle a little, please make every effort to come along as it is for your benefit.



If there is anything you would like to cover at training, then please speak to your captains who will sort something out with Doug.

**To remind you** - Training is held on Tuesday nights 7-8pm at Orchard School (Monks Park School)!

## SOCIAL

As mentioned previously there will be a night out on the 28th January to see Rachel off on her adventure.



A night out with a difference is being planned by Lor. It is a historic yet alcoholic tour of Bristol with.....PIRATE PETE have a look at the web site to see more [www.piratewalks.co.uk](http://www.piratewalks.co.uk)

An opportunity for a dress up me hearties?? Arrrrrrrrrrrr.....

If you have any ideas for a social event then please let Lor know.

## RUSH HOCKEY

There is a new kind of hockey which is becoming increasingly popular. It's called rush hockey!! I am lead to believe that it is a is furiously fast, furiously fun and so simple to play!!

### The Rules (at a glance)

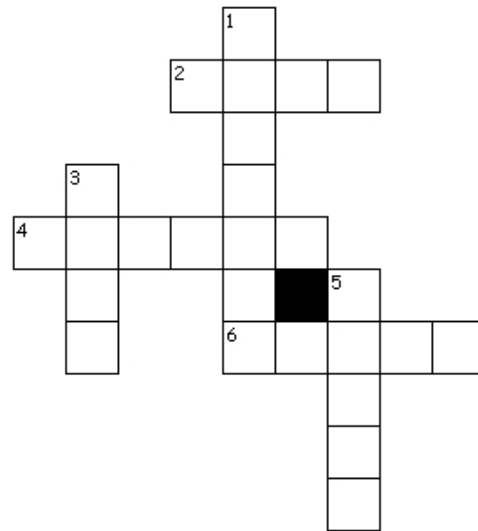
- Teams are either 4/5 aside with squad sizes made up of up to 7 players
- The game involves no deliberate:
  - Feet
  - Using the back of the stick
  - Stick tackling
  - Contact with other players
- Neither the stick or the ball should be raised above knee height
- A sideline ball is taken from the point of exit. The ball can either be passed to a team member or taken into play yourself (known as a self pass)
- Players can shoot from anywhere
- When a rule is broken the ball will be awarded to the opposing team where it can either be passed to a team member or taken into play yourself (known as a self pass)
- After a goal is scored, play is restarted from the centre of the pitch.

For more details check out [www.rushhockey.co.uk](http://www.rushhockey.co.uk)

We are on the look out for a 'league' starting in Bristol, as soon as we find one we will send out information, it will be a case of turn up and play rather than needing to have teams! If anyone knows of a league please let me know so I can send out details.

## PUZZLE TIME

Can you get the answers to this BAC related puzzle?



### Across

2. A sphere we hit
4. The game we love
6. Its not a bat

### Down

1. Arch rivals
3. He trains us
5. A sound from metal

## DECEMBER & JANUARY RESULTS

3rd Dec	Leominster v <b>BAC 1</b>	Lost 7-3
	Old Bristolian 3 v <b>BAC 2</b>	Lost 2-1
14th Jan	Somerset Griffins 2 v <b>BAC 1&amp;2</b>	Drew 4-4

## JANUARY & FEBRUARY FIXTURES

21st Jan	East Glous v <b>BAC 1</b>	13.00 @St Edwards School
	<b>BAC 2</b> v Stroud	10:45 @ Home
28th Jan	<b>BAC 1</b> v Bristol Uni	10:45 @Home
	Knowle v <b>BAC 2</b>	11.00 @ Merchants Academy
4th Feb	Yate v <b>BAC 1</b>	11:30 @Yate Sports Centre
	<b>BAC 2</b> v Redland 3	10.45 @ Home
11th Feb	<b>BAC 1</b> v Jaspers	10:45 @Home
	Redland 3 v <b>BAC 2</b>	15:30 @ Castle School
18th Feb	<b>Half Term</b>	
25th Feb	Bretforten v <b>BAC 1</b>	10:30 @Evesham High School
	<b>BAC 2</b> v Hanham	10.45 @ Home

## STUFF

If you have anything you would like to add to next months newsletter please let me know by the 27th February e mail - [sallygappy78@live.co.uk](mailto:sallygappy78@live.co.uk)

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